



Planting Hope to Host Investor Webcast on August 25, 2022

CHICAGO, IL and VANCOUVER, B.C. / ACCESSWIRE / August 19, 2022 – The Planting Hope Company Inc. (TSXV: MYLK) (OTCQB: MYLKF) (FRA: J94) (“Planting Hope” or the “Company”), a plant-based food and beverage company focused on producing the world's most nutritious and planet-friendly products, today announced that it will host a webcast investor presentation on **Thursday, August 25, 2022 at 2:00PM ET.**

During the webcast, Julia Stamberger, CEO, will conduct a presentation that will cover key areas of Planting Hope's business. After the formal presentation, investors will have an opportunity to ask relevant questions through an interactive Q&A portal. To listen to the webcast or to ask questions during the live event, please pre-register at the following link:

Webcast Link: https://event.webcasts.com/starthere.jsp?ei=1564145&tp_key=584573da6c

An archived version of the webcast and presentation will be available on the Company's website, <https://plantinghopecompany.com/investors/presentations/>.

About The Planting Hope Company Inc.

Planting Hope develops, launches, and scales uniquely innovative plant-based and planet-friendly food and beverage brands. Planting Hope’s award-winning and cutting-edge products fill key unmet needs in the skyrocketing plant-based food and beverage space. The Planting Hope brand family includes Hope and Sesame® Sesamemilk and Sesamilk™ creamers, RightRice® Veggie Rice, Mozaics™ Real Veggie Chips, and Veggicopia® Veggie Snacks. Founded by experienced food industry entrepreneurs, Planting Hope is a women-managed and women-led company focused on nutrition, sustainability, and diversity. For more information, visit: www.plantinghopecompany.com.

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